

# HOW TO IMPROVE ONE'S SPEECH

*by Torah.org*

Rabbi Yitzchok Berkovits shares one technique to avoid Lashon Hara which tops the list of tips and strategies for self-improvement.

## **Listen Now! (10 minutes)**

Rabbi Yitzchak Berkovits, a renowned expert on Jewish Law and Philosophy, is dean of the [Center for Jewish Values](#), a Jerusalem-based organization which advances knowledge of Hilchos Bein Adom L'Chavero, the Torah's teachings on interpersonal relationships. Rabbi Berkowitz has spoken on dozens of Bein Adom L'Chavero topics (which are available on audiotape and CD at [tapes@jewishvalues.us](mailto:tapes@jewishvalues.us)), and co-authored [Chofetz Chaim: A Lesson A Day](#).

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