## KINAH FOR TISHA B'AV

by Rabbi Label Lam

Woe to us on this bitter day! We have what to cry about!

Woe for all the heads without Tefillin

After 3700 years from Avraham Avinu

After having survived Holocausts and Inquisitions...

Jewish boys and girls blunder

In the darkness that plagues our generation

And go lost by the millions

With visions of isms and instant pleasures

Rapt in utter ignorance

Bathed in a blue light they may never escape

And generations and giant whole families

Holy congregations have disappeared

For nothing!

And their names dead ended

Now only grace lonely stones

In forgotten cemeteries

Bearing words their children

Those that had-Could never read

Woe to us on this bitter day! We have what to cry about!

The pervasive angst of isolation!

Microwaves our very beings!

We feel beaten from within.

The continuous waves of psychological pain.

We suffer with a wry smile and a diet coke.

The gnawing insecurity and emptiness.

It brings us to search for things that do not exist.

The sublime is substituted with the virtual.

Pictures and fantasies tickle n' dissolve like

Cotton candy for the eyes...in a world of lies

Fire works for lonely hearts that only grow lonelier

Noshing on empty calories for an endless soul

And as for the big itch...the really big itch...

That small thin voice is starved...

Portrait of a Holocaust victim!

So we turn up the tempo

Tapping like a blind man

Louder and more frantically

We are lost as never before.

Woe to us on this bitter day! We have what to cry about!

The Chutzpah around us and within.

The skirts...the so called "styles"...the pressure to conform

The lewdness ...the angry language

Rap -rap -rap....bark -bark!

Bitter and desperate...is the new normal

The almost total loss of respect

Nothing and no one is Holy

The good ones are ridiculed-

The object of derision

For framing a G-dly Image

And dressing as humans do

For keeping the Shabbos Holy

Watching our eyes and tongues!

While pictures of the unthinkable

The pop-ups of our lives

Invade constantly

On every bus that passes by

Our brothers and sisters

Drop like fall leaves

Fewer and fewer hang strong

Woe to us on this bitter day! We have what to cry about!

The inmates are running the asylum.

Clouds of chaos gather all around

Bombs are fashioned for our final solution

And we are lost in the mirror again.

Wondering if we are loved or looking good

70 wolves salivate with teeth like daggers

Aimed to devour our tiny flock!

Where are we?

Busy with our cell phones

Texting our way to oblivion

Dealing with emergencies of little import

Consumed by crumb size concerns

Like Chometz...And the size of our noses

Woe to us on this bitter day! We have what to cry about!

The Chillul HASHEM

We have lost our luster

Suspicion surrounds us

The Nation of HASHEM

The people of truth

Are ridiculed and considered low

While every sports team and slick politician

Has their stadium...Their edifice their complex

Where their glory is on open display

Where is the place of HASHEM in this world?

Billions speak falsely in His name

Identity theft on the grandest scale

Religion is a rejected and dirty word

We are tagged zealots and bigots

For preserving four cubit of Hallacha

This is our crime

And so we owe the world an apology

HASHEM and we His People

Share all time low approval ratings

For this we truly owe a broken heart

Woe to us on this bitter day! We have what to cry about!

What can be done when what's done is done?

Who can rebuild such a wall torn down?

Our Holy Temple is destroyed!

Echoing in the cosmos

Is a muffled scream!

Of unspeakable abuse

A silent crime!

Against our most beautiful daughters

Made to suffer alone

Scarred in a way

No one can say

With more than broken hearts

Shattered Tablets

And bitter memories

Bleed bad blood

And families crumble

With no happy choices

But to seek greatness

And avoid the pit of insanity

There I said it! Without saying it!

Woe to us on this bitter day! We have what to cry about!

Thousands take to the streets

In a moment's notice

To look for Leiby

The heart ...my heart... where's my heart?

How can we go up to our father and the youth is not with us?

How can we go up to our Father in Heaven

and the innocence and youthfulness is no longer with us?

HASHEM wants the heart! Where's the heart? A frantic cry!

It's been stifled, torn asunder in the heart of our hearts!

In the midst of our midst!

Our innocence is ravaged from within!

We cannot even trust ourselves!

A knife is driven repeatedly into our heart again and again

Where is our heart!

Where are our youth?

HASHEM wants the heart!

If not for the watchful eye of...

A camera ...random... nothing is!

We could live in the shadows of doubt...

Postulating and philosophizing

So now we are all mourners ...

We are done looking outward

The mirrors are covered...enough...enough

We sit low and quiet

Our eyes turned inward...at last...

We hope to find a heart yet beating...there

from where we can build-

...from where can we build

On this day of brutal truth? We have what to cry about!

How did it happen? Where are you?

Unanswerable questions!

Persist in their asking!

Where a person's mind is...

Says the Ba'al Shem Tov

That is where he is entirely!

So with a single Holy thought!

One of 60,000 a day!

An apple...a golden apple

Is rescued from the thieves

And goodness is restored

When opening our inner eyes

We begin to realize

The ground we are standing upon

Is not less than the Holy of Holies

The shoes are easily removed

A Burning bush...is revealed

We survived! We survived!

Till this historic moment!

You and I together

With a song ...the wail of a longing heart...

Brought history and destiny to meet and embrace

As tearful friends reunited!

After thousands of years!

Moshiach is born!

On this special day! We have what to cry about!

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